

Kinds of Bread in the Bible

Bread Prayer 3

The Bible describes various kinds of bread. What kinds of bread are included in your “daily bread” diet these days?

(1) The Bread Of God-Sanctioned, Hard Work: Gen. 3: 19 (NKJV) 19 “In the sweat of your face you shall eat bread.”

(2) Famine Bread: Genesis 47:13 (NKJV) 13 “Now there was no bread in all the land; for the famine was very severe, so that the land of Egypt and the land of Canaan languished because of the famine.”

(3) Deceptive Bread: Genesis 27:17-19 (NKJV) 17 Then she gave the savory food and the bread, which she had prepared, into the hand of her son Jacob. ... 19 Jacob said to his father, “I am Esau your firstborn; I have done just as you told me; please arise, sit and eat of my game, that your soul may bless me.”

(4) Bread From Ashur (Rich Bread): Genesis 49:20 (NKJV) 20 “Bread from Asher shall be rich, And he shall yield royal dainties.”

(5) Bread of Complaining: Exodus 16:3 (NKJV) 3 “And the children of Israel said to them, “Oh, that we had died by the hand of the LORD in the land of Egypt, when we sat by the pots of meat and when we ate bread to the full! For you have brought us out into this wilderness to kill this whole assembly with hunger.”

(6) Bread From Heaven: Exodus 16:4 (NKJV) 4 “Then the LORD said to Moses, “Behold, I will rain bread from heaven for you. And the people shall go out and gather a certain quota every day, that I may test them, whether they will walk in My law or not.”

(7) Bread Honoring the Sabbath: Ex. 16:29 (NKJV) 29 “See! For the LORD has given you the Sabbath; there”fore He gives you on the sixth day bread for two days.”

(8) Bread of Past Blessing: Exodus 16:32 (NKJV) 32 “Then Moses said, “This is the thing which the LORD has commanded: ‘Fill an omer with it, to be kept for your generations, that they may see the bread with which I fed you in the wilderness, when I brought you out of the land of Egypt.’ ”

(9) Blessed Bread: Exodus 23:24-26 (NKJV) 24 “You shall not bow down to their gods, nor serve them, nor do according to their works; but you shall utterly overthrow them and completely break down their sacred pillars. 25 “So you shall serve the LORD your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. 26 No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days.”

10) Bread of Thanksgiving: Leviticus 7:13 (NKJV) 13 “Besides the cakes, as his offering he shall offer leavened bread with the sacrifice of thanksgiving of his peace offering.”

(11) Heavenly Bread, Wrongly Labeled As Worthless Bread: Numbers 21:5 (NKJV) 5 “And the people spoke against God and against Moses: “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no

water, and our soul loathes this worthless bread.”

(12) Promise Land Bread: Deuteronomy 8:9-10 (NKJV) 9 “a land in which you will eat bread without scarcity, in which you will lack nothing; a land whose stones are iron and out of whose hills you can dig copper. 10 When you have eaten and are full, then you shall bless the LORD your God for the good land which He has given you.”

(13) Unleavened, Commemorating, Bread: Deuteronomy 16:3 (NKJV) 3 “You shall eat no leavened bread with it; seven days you shall eat unleavened bread with it, that is, the bread of affliction (for you came out of the land of Egypt in haste), that you may remember the day in which you came out of the land of Egypt all the days of your life.”

(14) Bread of Deception: Joshua 9:5 (NKJV) 5 “old and patched sandals on their feet, and old garments on themselves; and all the bread of their (Gibeonites) provision was dry and moldy.”

(15) Holy Bread: 1 Samuel 21:4 (NKJV) 4 “And the priest answered David and said, “There is no common bread on hand; but there is holy bread, if the young men have at least kept themselves from women.”

(16) Bread of Appeasement: 1 Samuel 25:18 (NKJV) 18 “Then Abigail made haste and took two hundred loaves of bread, two skins of wine, five sheep already dressed, five seahs of roasted grain, one hundred clusters of raisins, and two hundred cakes of figs, and loaded them on donkeys.”

(17) Bread of Kindness: 2 Samuel 9:7 (NKJV) 7 “So David said to him, ‘Do not fear, for I will surely show you kindness for Jonathan your father’s sake, and will restore to you all the land of Saul your grandfather; and you shall eat bread at my table continually.’”

(18) Bread of Disobedience: 1 Kings 13:22 (NKJV) 22 “‘but you came back, ate bread, and drank water in the place of which the LORD said to you, ‘Eat no bread and drink no water,’ your corpse shall not come to the tomb of your fathers.’”

(19) “Last Slices” Bread: 1 Kings 17:12 (NKJV) 12 “So she said, “As the LORD your God lives, I do not have bread, only a handful of flour in a bin, and a little oil in a jar; and see, I am gathering a couple of sticks that I may go in and prepare it for myself and my son, that we may eat it, and die.”

(20) Miracle Bread: 2 Kings 4:42-44 (NKJV) 42 “Then a man came from Baal Shalisha, and brought the man of God bread of the firstfruits, twenty loaves of barley bread, and newly ripened grain in his knapsack. And he said, “Give it to the people, that they may eat.” 43 But his servant said, “What? Shall I set this before one hundred men?” He said again, “Give it to the people, that they may eat; for thus says the LORD: They shall eat and have some left over.’ ” 44 So he set it before them; and they ate and had some left over, according to the word of the LORD.”

“The Lord has need of human agents through whom He can work, and *all have enough to supply their necessities, and have something left*. We shall need larger faith. We cannot perceive there is the closest connection between God and nature. God works a miracle upon every plant and upon every tree that beareth fruit, and *the Lord under the express necessity of the case, can work an instantaneous mira-*

cle and prepare food.” {Lt 37, 1895, par. 7}

(21) Bread of Affliction: 2 Chronicles 18:26 (NKJV) 26 “and say, “Thus says the king: ‘Put this fellow in prison, and feed him with bread of affliction and water of affliction, until I return in peace.’”

(22) Bread of Sorrow: Ezra 10:6 (NKJV) 6 “Then Ezra rose up from before the house of God, and went into the chamber of Jehohanan the son of Eliashib; and when he came there, he ate no bread and drank no water, for he mourned because of the guilt of those from the captivity.”

(23) The Bread of Betrayal: Psalms 41:9 (NKJV) 9 “Even my own familiar friend in whom I trusted, Who ate my bread, Has lifted up his heel against me.”

(24) Bread of Spiritual Tears: Psalms 80:5 (NKJV) 5 “You have fed them with the bread of tears, And given them tears to drink in great measure.”

(25) Bread of Heaven: Neh. 9:15 (NKJV) 15 “You gave them bread from heaven for their hunger,”

(26) Bread of Wickedness: Proverbs 4:17 (NKJV) 17 “For they eat the bread of wickedness, And drink the wine of violence.”

(27) Bread of Joy: Eccl. 9: 7 (NKJV) 7 “Go, eat your bread with joy,”

(28) Bread of Adversity: Isaiah 30:20-21 (NKJV) 20 “And though the Lord gives you The bread of adversity and the water of affliction, Yet your teachers will not be moved into a corner anymore, But your eyes shall see your teachers. 21 Your ears shall hear a word behind you, saying, “This is the way, walk in it,” Whenever you turn to the right hand Or whenever you turn to the left.”

(29) Bread of a Confident Faith: Isaiah 33:16 (NKJV) 16 “He will dwell on high; His place of defense will be the fortress of rocks; Bread will be given him, His water will be sure.”

(30) Counterfeit Bread: Isaiah 55:2 (NKJV) 2 “Why do you spend money for what is not bread, And your wages for what does not satisfy? Listen carefully to Me, and eat what is good, And let your soul delight itself in abundance.”

(31) Life-Changing Bread: Jer. 15:16 (NKJV) 16 “Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart;”

(32) Bread of Anxiety: Ezek. 12:19 (NKJV) “They shall eat their bread with anxiety, and drink their water with dread, so that her land may be emptied of all who are in it, because of the violence of all those who dwell in it.”

(33) Defiling Bread: Hosea 9:4 (NKJV) 4 “They shall not offer wine offerings to the LORD, Nor shall their sacrifices be pleasing to Him. It shall be like bread of mourners to them; All who eat it shall be defiled. For their bread shall be for their own life; It shall not come into the house of the LORD.”

(34) Lack of Bread In Times of Famine: Amos 8:11 (NKJV) 11 “Behold, the days are coming,” says the Lord GOD, “That I will send a famine on the land, Not a famine of bread, Nor a thirst for water, But of hearing the words of the LORD.”

(35) Daily Bread: Matthew 6:11 (NKJV) 11 “Give us this day our daily bread.”

(36) Hypocrisy-Leavened Bread: Matthew 16:11 (NKJV) 11 “How is it you do

not understand that I did not speak to you concerning bread?—but to beware of the leaven of the Pharisees and Sadducees.”

“Leaven works secretly, and is a fit emblem of hypocrisy and deceit. And on this occasion the children of Israel were to abstain from leavened bread that their minds might be impressed with the fact that God requires truth and sincerity in his worship.” {ST March 25, 1880, par. 2}

(37) Abundant Miracle Bread: Mark 8:19-20 (NKJV) 19 “When I broke the five loaves for the five thousand, how many baskets full of fragments did you take up?” They said to Him, “Twelve.” 20 “Also, when I broke the seven for the four thousand, how many large baskets full of fragments did you take up?” And they said, “Seven.”

(38) Blessed Bread: Luke 24:30 (NKJV) 30 “Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them.”

(39) Perishable Bread John 6:26-27 (NKJV) 26 “Jesus answered them and said, “Most assuredly, I say to you, you seek Me, not because you saw the signs, but because you ate of the loaves and were filled. 27 Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him.”

(40) True Bread: John 6:32-33 (NKJV) 32 “Then Jesus said to them, “Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. 33 For the bread of God is He who comes down from heaven and gives life to the world.”

(41) Bread of Life: John 6:35 (NKJV) 35 “And Jesus said to them, “I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.”

(42) Bread of Good Fellowship: Acts 2:42 (NKJV) 42 “And they continued steadfastly in the apostles’ doctrine and fellowship, in the breaking of bread, and in prayers.”

(43) Unleavened Bread of Truth and Sincerity: 1 Corinthians 5:8 (NKJV) 8 “Therefore let us keep the feast, not with old leaven, nor with the leaven of malice and wickedness, but with the unleavened bread of sincerity and truth.”

(44) Bread Representing Christ’s Sacrificed Life and Our New Life: 1 Corinthians 11:26 (NKJV) 26 “For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.”

(45) Bread of Contentment: 2 Thessalonians 3:12 (NKJV) 2 “Now those who are such we command and exhort through our Lord Jesus Christ that they work in quietness and eat their own bread.”

Take some time to read through some of these texts in prayer to God and talk to Him about the things that come to mind.

This is the third handout of “A Beautiful and Prayerful Life Seminar” held at the Village Church in February of 2023. This handout was compiled by Dan Augsburger. Find more resources like this at discipleheart.com.